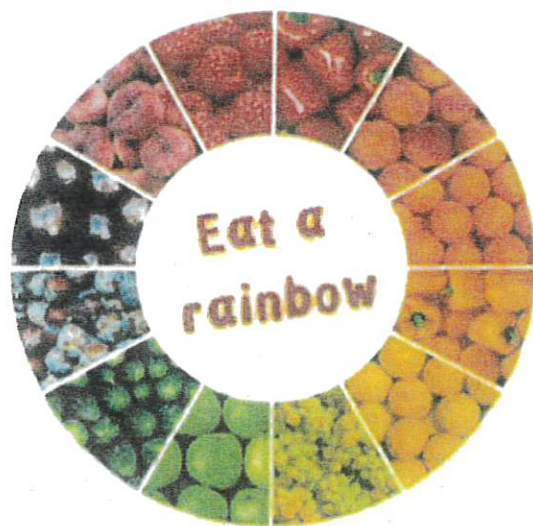


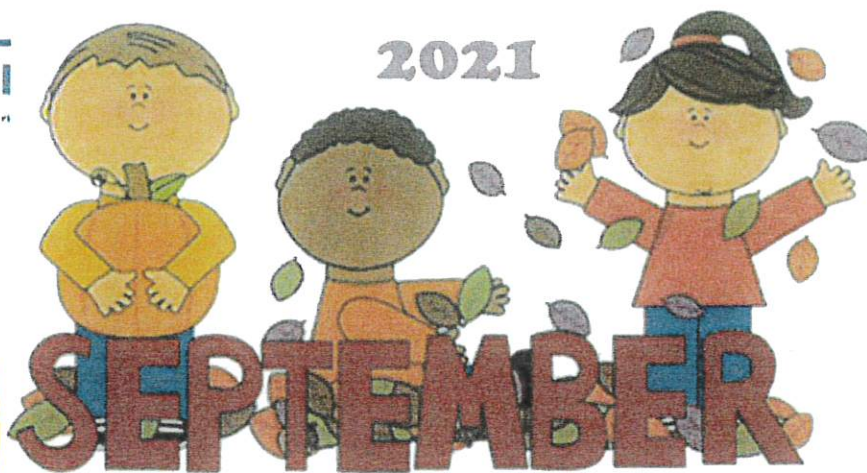
Menus are subject to change.



To eat a
RAINBOW,

add
at least
two or three
colored
fruits or veg-
etables
to each meal

2021



**Madison County K-8
Schools Lunch Menu**
An equal opportunity
provider & employer.



Wednesday, Sept 1

Brunch- 4- Lunch

Mini Pancakes
Sausage
Tater Smiles
Salsa
Fruit
Low/No Fat Milk



Thursday Sept 2

Lasagna
w/Meat Sauce
Sliced Carrots
Green Beans
Fruit
WG Roll
Low/No Fat Milk



Friday, Sept 3

All American
Hot Dog
Oven Fries
Coleslaw
Fruit
Low/No Fat Milk



What two presidents also signed
the U.S. Constitution?



Tuesday, Sept 7

Pizza
Corn
Baby Carrots
w/Ranch
Fruit
Low/No Fat Milk



Wednesday, Sept 8

Beef Shepard's Pie
Broccoli
Fruit
WG Roll
Low/No Fat Milk



Thursday, Sept 9

Baked Chicken
Mashed Potatoes
w/Gravy
Green Beans
Fruit
WG Roll
Low/No Fat Milk



Friday, Sept 10

Pulled Pork
Sandwich
Sweet Potato Tots
Baked Beans
Fruit
Low/No Fat Milk



Fruits and vegetables of different colors offer various health benefits. By ensuring you're eating a few colored fruits or vegetables at each meal, you're setting yourself up for good health.

Monday, Sept 13

Chicken Nachos
w/ Mozz Cheese
Salsa
Corn
Fruit
Low/No Fat Milk



Tuesday, Sept 14

Spaghetti
w/Meat Sauce
Vegetable Medley
Green Beans
Fruit
WG Roll
Low/No Fat Milk



Wednesday, Sept 15

Corndog
Sweet Potato Tots
Baked Beans
Fruit
Low/No Fat Milk



Thursday, Sept 16

Turkey Roast
Mashed Potatoes
w/ Gravy
Green Beans
Frozen Swirl
Fruit Cup
WG Roll
Low/No Fat Milk

Friday, Sept 17

Sloppy Joe
on a Bun
Oven Fries
Steamed Broccoli
Fruit
Low/No Fat Milk



Monday, Sept 20

Pepperoni Pizza
Corn
Baby Carrots
w/ Ranch
Fruit
Low/No Fat Milk



Tuesday, Sept 21

Chicken & Rice
Garden Peas
Sliced Carrots
Fruit
WG Roll
Low/No Fat Milk

Wednesday, Sept 22

Crispy Chicken
Nuggets
Oven Fries
Steamed Broccoli
Fruit
Low/No Fat Milk



Thursday, Sept 23

Salisbury Steak
Mashed Potatoes
w/Gravy
Green Beans
Fruit
WG Roll
Low/No Fat Milk

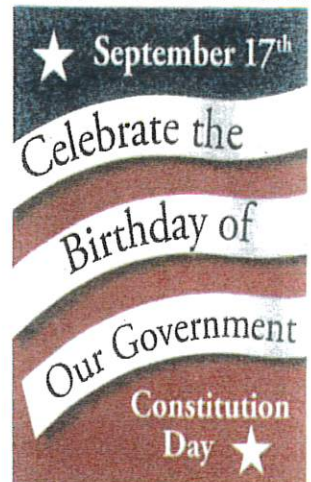


Friday, Sept 24

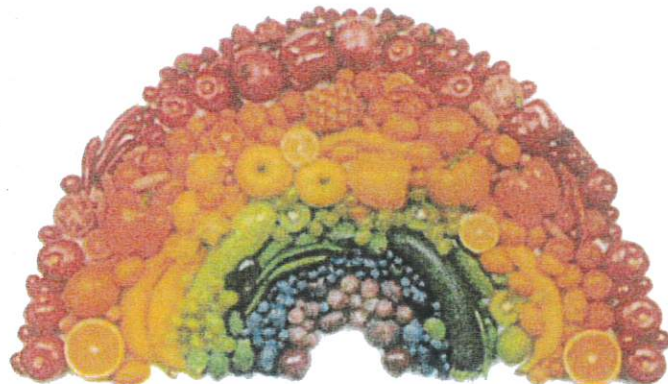
Chicken Sandwich
Sweet Potato Tots
Baked Beans
Fruit
Low/No Fat Milk



George Washington and James Madison were the only presidents who signed the Constitution.



What are your favorite foods from the rainbow?



Monday, Sept 27

Beef Nachos
w/ Mozz Cheese
Salsa
Corn
Fruit
Low/No Fat Milk

Tuesday, Sept 28

Chicken Tetrazzini
Yams
Broccoli
Fruit
WG Roll
Low/No Fat Milk



Wednesday, Sept 29

Brunch- 4- Lunch
Mini Pancakes
Sausage
Tater Smiles
Salsa
Fruit
Low/No Fat Milk

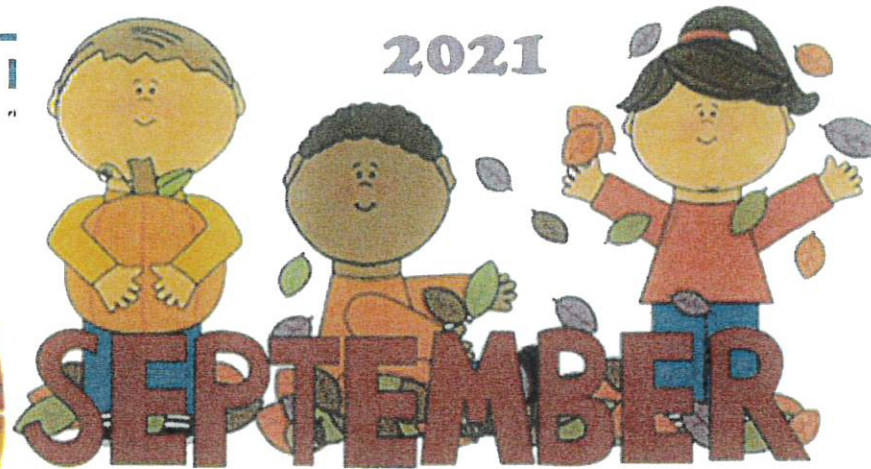


Thursday, Sept 30

Lasagna
w/Meat Sauce
Sliced Carrots
Green Beans
Fruit
WG Roll
Low/No Fat Milk



Menus are subject to change.



Madison County 9-12 Schools Lunch Menu An equal opportunity provider & employer.



Wednesday, Sept 1

Brunch- 4- Lunch

Mini Pancakes
Sausage
Tater Smiles
Salsa
Fruit
Fruit Juice
Low/No Fat Milk



Thursday Sept 2

Lasagna
w/Meat Sauce
Sliced Carrots
Green Beans
Fruit
Fruit Juice
WG Roll
Low/No Fat Milk



Friday, Sept 3

All American
Hot Dog
Oven Fries
Coleslaw
Fruit
Fruit Juice
Low/No Fat Milk



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Fruit
Fruit Juice
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Fruit Juice
WG Roll
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Green Beans
Fruit
Fruit Juice
WG Roll
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Fruit
Fruit Juice
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Nuggets
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Mashed Potatoes
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Green Beans
Fruit
Fruit Juice
WG Roll
Low/No Fat Milk

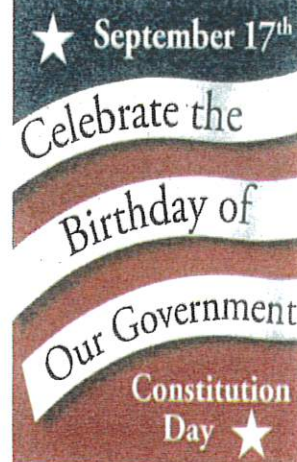


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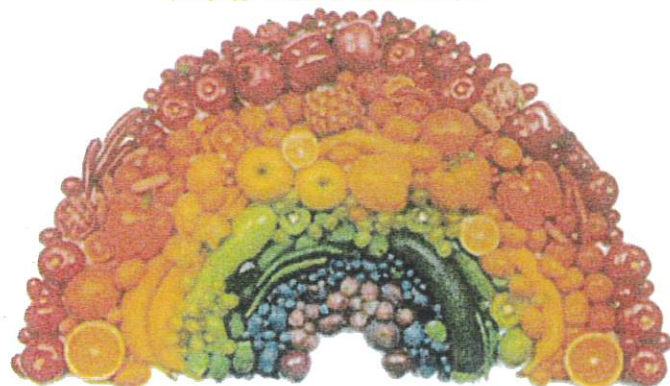
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Sliced Carrots
Green Beans
Fruit
Fruit Juice
WG Roll
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