Middle School Physical Education (P.E.) Waiver Request Form

In Florida, middle school students enrolled in a school that contains grades 6-8 are required to take the equivalent of one class period per day of physical education for one semester of each year.

This requirement may be waived by the following:

- a student who is enrolled or required to be enrolled in a remedial course.
- a student participating in physical activities outside of the school day which are equal to or in excess of the mandated requirement.
- a student's parent or guardian indicates in writing that the student be allowed to take another course from among those offered by the school, based on availability.

By completing and submitting this form, you are requesting that your child be waived from the P.E. requirement. One form is required for each student. School districts are not required to add additional course offerings for students eligible for P.E. waivers.

I request my child _____be allowed to waive the P.E.

requirement for the _____-_____ school year based on one of the following criteria:

- My child will enroll in an additional course offered at his/her school as indicated below.

   Name of preferred course: _____

- My child participates in physical fitness activities outside of the school day that are equal to or greater than the P.E. hours required by state statute as indicated below.

   Physical activity outside of school: _____

   Number of weeks per year: _____

   Number of minutes per week: _____

I understand my child must meet the prerequisites for any available course taken in lieu of P.E.

By signing below, I am stating that my child participates in physical fitness activities outside of the school day that are equal to or greater than the P.E state statute requirement. The school district has the authority to request evidence that a student has met the P.E requirements through alternate activity/activities.

Parent Name   _____

Parent Signature   _____

Date   _____