

Elementary Physical Education (P.E.) Waiver Request Form

Kindergarten through grade 5 students in the state of Florida are required to take 150 minutes of Physical Education (P.E.) per week. This requirement shall be waived for a student who is enrolled or required to be enrolled in a remedial course. It may also be waived if the student's parent or guardian indicates in writing, as directed in the P.E. waiver, that the student be allowed to take another course among those offered by the school (based upon availability), or that the student is participating in physical activities outside of the school day which are equal to or in excess of the mandated requirement.

By completing and submitting this form, you are requesting that your child be waived from the Physical Education requirement. One form is required for each student. School districts are not required to add additional course offerings for students eligible for P.E. waivers.

I request that my child _____ be allowed to waive the Physical Education requirement for the _____ - _____ school year due to his/her participation in physical fitness activities outside of the school day that are equal to or greater than the Physical Education hours required by state statute.

Physical activity outside of school: _____

Number of weeks per year: _____

Number of minutes per week: _____

By signing below I am stating that my child participates in physical fitness activities outside of the school day that are equal to or greater than the Physical Education state statute requirement. The school district has the authority to request evidence that a student has met the Physical Education requirements through alternate activity/activities.

I understand the course my child will take in lieu of Physical Education is based on availability.

Parent Name _____

Parent Signature _____

Date _____